

# MILESTONE

OCT  
2022  
ISSUE 04

ROTARY CLUB OF VALSAD MAGAZINE



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NEW INTERACT CLUB OF VALSAD



DIWALI AT OLD AGE HOME



# PRESIDENT MESSAGE

Dear fellow Rotarians,

October is a month of celebrations in Gujarat. The mood is upbeat from Dusshera to Diwali followed by the beginning of Gujarati New Year.

We celebrated October with many wonderful meetings, events and projects.

The distribution of Rotary cloth bag, coastal clean-up and Tree plantation at our adopted village Vejalpore was part of our commitment towards protection from climate change.

Our permanent project Rotary Physiotherapy Centre is going full swing and we had two free physiotherapy camps at Mograwadi PHC and Atar. It was really satisfying to see so many people taking advantage of this free camp and getting relief from their pains.



Annapurna is another monthly project that is equally satisfying. We had two Annapurna camps in the month of October. First at Valsad Pardi School and second at Bhagda Prathmik School.

Eradication of Polio remains a forever commitment for Rotary. Our commitment was further shown by a full hoarding in the heart of the city explaining the advantages of regular polio drops. Our regular Table tennis camp is going as usual at the Rotary Hall.

We had four meetings during the month. Two fellowship meetings including one sharad purnima fellowship which is our annual family event. Apart from that we had a Board meeting followed by a business meeting where we discussed and finalized the schedule of programs and events for the upcoming months.

Rotary International was established 117 years ago in 1905 and Rotary Club of Valsad was chartered in the year 1958. The best service to an organization is discovering the talent for the future. As a part of this endeavor, we sponsored Interact Club of Valsad, which is an organization sponsored by Rotary for teenagers. Interact Club helps the teenagers in developing their all-round personality through leadership training, social service etc. Interact Club of Valsad had two projects during the month, first is beach cleaning and second celebration of Diwali at Atar old age home. Both the project will help the interactors in their character building. Looking forward to a great month ahead.

Rtn. Swati Shah  
President (2022-23)  
Rotary Club of Valsad.

## MEETINGS OF OCTOBER 2022

### Midnight Dusshera Celebrations

RC Valsad organised a Pre Dusshera celebration exclusively for Rotary family with Fafda, Jalebi and Khaman!!



### Sharad Purnima Celebrations

Rotary Club of Valsad felicitated DGE Nihir Dave on 9/09/2022. Members are the lifeline of a healthy club, RC Valsad inducted Thirteen new members on the day. DGE Nihir Dave inducted the new members in the folds of the club. Rotary Club of Valsad welcomes all the new members into the Rotary family.



**Cloth bag distribution**

RC Valsad printed 1000 cloth bags & distributed them at various occasions to people to spread awareness about environment conservation by avoiding the usage of plastic bags.



**Coastal Cleanup - 2**

Environment conservation - the 7th focus area of the Rotary organization, RC Valsad implemented this coastal cleanup project with the intention of making Tithal seashore near Valsad city clean & pollution free. Rotaract Club of Valsad, Interact Club of Valsad, National Cadet Corps participated and cooperated in this cleanliness campaign, at the same time the people of the coastal area were made aware about the importance of ecology. Masks, hand gloves and a bag to fill the garbage for cleaning operations was provided to everyone. Project Chair - Rtn. Sanober Shroff



**Tree Plantation at Vejalpore**

After the inaugural of Rotary sign boards, Rotary Club of Valsad and Rotaract Club of Valsad continued the Tree Plantation drive at the adopted village Vejalpore. 50 flowering trees of good varieties were planted around a natural lake in Vejalpore to beautify the lakeside and make it an attraction for the villagers as well as visitors.



## Free Physiotherapy Camps

Rotary Club of Valsad organized Free Physiotherapy Camp at PHC Mograwadi & Atar old age home with the help of the Doctors of Rotary Physiotherapy Centre, Valsad. Both the camps were very fruitful as many people were benefited after the treatments.



## Annapurna

RC Valsad distributed 15 Annapurna kits to the families of students of adopted schools Valsad Pardi Prathmik Shala and Bhagdakhurd Prathmik Shala. These kits contained one month ration including wheat flour, rice, dal, oil, salt & masalas.

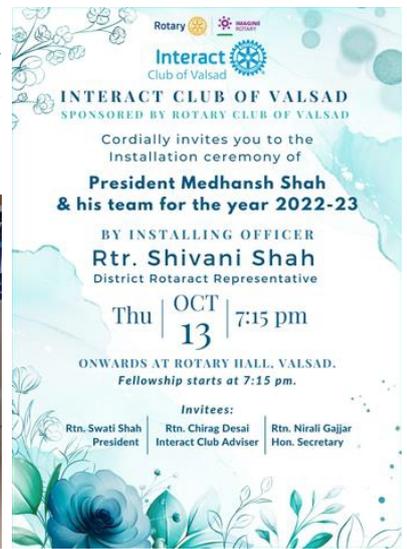
Project Chair - Rtn. Shantu Vasava



## New Interact Club

Rotary Club of Valsad is proud to sponsor a community based Interact club - Interact Club of Valsad. 30 children with the motive to develop leadership skills and also discover the power of Service above Self were installed on the day. DRR Shivani Shah was the Installing officer.

Club Interact Advisor - Rtn. Chirag Desai.



## Arpan

Since 2016-17, Rotary Club of Valsad and Rotaract Club of Valsad has undertaken the project "Arpan", whereby unused clothes and toys from members and citizens of Valsad are collected and distributed to the tribal and needy people of nearby villages. This time newly chartered Interact club of Valsad also participated in the project. Project Chair - Rtn. Rushit Masrani



# Diwali at Atar Old Age Home

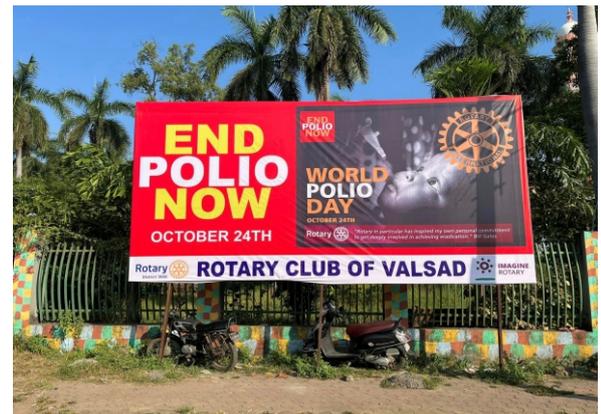
Diwali is a festival of celebrations and uniting with family, friends and community at large; with the same thought, Rotary Club of Valsad and Interact Club of Valsad celebrated Diwali with Senior Citizens at an Old Age Home in Atar. Club Interact Advisor Chirag Desai took all the efforts to arrange the sweets and crackers. Interactors served Dinner & sweets to the Seniors and busted crackers with them. The rangolis made by seniors were a sight to see! At every door step there was a colourful rangoli either of flowers or colours.

Project Chair - Rtn. Mahendra Bulsara & Ann Renuka Bulsara



# End Polio Now

RC Valsad managed to put up a huge hoarding in the heart of Valsad city for one week - 20th to 27th October to spread awareness about the World Polio Day (24th October) as well as eradication of polio.





# SECRETARIAL ANNOUNCEMENTS

Dear Rotarian Friends,

We would like to thank all the Rotarians, whose birthdays & anniversaries have been in the month of October for their generous contribution to the club. The contributions are as follows-

1. Rtn. Dharmin Shah - Rs. 1500/-
2. Rtn. Dr. Sunil Marjadi - Rs. 1500/-

So the total contribution received is Rs. 3000/-

Thanks once again!

Rtn. Nirali Gajjar,  
Club Secretary.



# SPECIAL ACHIEVEMENTS & RECOGNITIONS



## Certificate of Appreciation

Rotary Club of Valsad has taken active part in MPIP of October 2022 and is selected as the top club in Cluster 10 of Rotary International District 3060.

District Public Image team appreciate your club participation and active role in enhancing Public Image of Rotary for the month of October 2022.

**Shrikant Indani**  
District Governor

**Nilesh Sheth**  
DPIC

**PDG Mayur Vyas**  
Counsellor PI

**Jennifer Jones**  
RI President

**Rotary India**  
**Service Project Updation Data**  
(01/07/2022 to 31/10/2022)

Club Category : 0-25 Members		Club Category : 26-50 Members		Club Category : 51-75 Members	
Bharuch Femina	<b>311</b>	Amreli Gir	<b>72</b>	Chikhli River Front	<b>435</b>
Halvad	<b>50</b>	Surat Tapi	<b>62</b>	Baroda Sayajinagari	<b>52</b>
Vallabh Vidyanagar	<b>15</b>	Bharuch Narmada Nagari	<b>56</b>	Gandevi	<b>45</b>

Club Category : 76-100 Members		Club Category : 100+ Members	
Bhavnagar Royal	<b>85</b>	Bharuch	<b>129</b>
Navsari	<b>61</b>	Valsad	<b>72</b>
Surat	<b>43</b>	Ankleshwar	<b>30</b>

Rtn. PDG Ashish Roy  
Counsellor : Service Projects

Rtn. Pankaj Shah  
Dist. Service Project Chair

© Club groups created as per the 1st July Membership count.

"We are what we repeatedly do.  
Excellence then, is not an act, but a habit."  
**-Aristotle, Greek Philosopher**

**Rotary club of Valsad once again made it's way to the top clubs' list through Service & Public Image projects.**



## રોટરી ફિઝિયોથેરાપી સેન્ટર



મુખ્યા દાતા : સ્વ. યોગેશ પારીખ (નવદીપ ઘરઘંટી) ની યાદમાં

રોટરી ફિઝિયોથેરાપી સેન્ટરની વિશેષતાઓ :

- ✓ દુઃખાવો – ખભો, કોણી, કાંડુ, થાપા, ઘુંટણ, એડી, ગરદન, કમરના સાંધા તથા સ્નાયુનો દુઃખવો
- ✓ લકવો-હાથ-પગનો લકવો, મોઢાનો લકવો, પોલીયો, બાળ લકવો, જન્મજાત ખોડખાંપણ.
- ✓ સંધિવા, સાયટીકા, ગાદી ખસી જવી
- ✓ કમરના મણકાનો ઘસારો, નસ દબાઈ જવી
- ✓ જોઈન્ટ રીપ્લેસમેન્ટ, સાંધા બદલ્યા પછીની કસરત
- ✓ રમત-ગમત દરમ્યાન થતી તમામ ઈજાની સારવાર
- ✓ ફેકચર બાદ જકડાઈ ગયેલ સાંધાની સારવાર
- ✓ Covid-19 ફિઝિયોથેરાપી સારવાર
- ✓ AC ફિઝિયો સેન્ટર તેમજ ટ્રેઈનડ ફિઝિયોથેરાપીસ્ટ

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